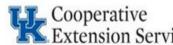
Agriculture Natural Resources Cooperative Extension Service **Newsletter** June, 2024



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Linda McClanahan, Mercer County Agent for Agriculture & Natural Resources



Martin-Gatton College of Agriculture, Food and Environment

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Did you know that Americans consume the most ice cream and vanilla is America's favorite ice cream flavor?



Recipe **CHEESY SQUASH MEDLEY**

- ½ medium onion, diced
- 2 cloves garlic, minced
- 1 pound yellow squash, sliced into half moons
- 1 pound zucchini, sliced into half moons
- 2 tablespoons olive oil
- 1¹/₂ teaspoons salt, divided
- 1 teaspoon black pepper
- 1 12-ounce can fat free evaporated milk
- 8 ounces low fat cream cheese
- 2 cups low fat shredded cheddar cheese, divided
- ¼ cup Italian bread crumbs
- 2 tablespoons melted butter

Preheat oven to 325 degrees F. Coat a 9-by-9-inch baking dish with non-stick spray. Sauté onions and garlic in oil over medium heat, stirring often. Toss sliced zucchini and squash in a bowl with 1 teaspoon salt and

black pepper. In a small saucepan, whisk together evaporated milk and cream cheese over low heat, until warm. Add zucchini and squash mixture to sautéed onions and garlic and continue to **cook** over medium heat until tender. Stir 1 cup shredded cheese and ¹/₂ teaspoon salt into the cream cheese mixture. In prepared dish, layer half of vegetable mixture, half of the cheese sauce and 1/2 cup of shredded cheese. Repeat layers. Sprinkle bread crumbs on top of shredded cheese and drizzle with melted butter. Place dish in preheated oven and bake for 15 minutes. Broil (watch closely) for about 4 minutes or until top is golden brown.

Yield: 12 servings

Nutritional Analysis: 190 calories, 12 g fat, 7 g saturated fat, 20 mg cholesterol, 590 mg sodium, 9 g carbohydrate, 1 g fiber, 5 g sugars, 10 g protein.

Cooperative **Extension Service**

Agriculture and Natural Resources

Family and Consumer Sciences

4-H Youth Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities accommodated with prior notification

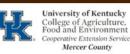
Community and Economic Development Lexington, KY 40506

Sheep & Goat 101 June 3 at 6:00pm



This meeting will focus on beginners that want to learn more about raising sheep and goats. This session in our homesteading series will cover first steps on getting started and also provide some basic knowledge you will need to maintain your operation. This class is being led by Dr. Jessie Lay, KSU.

RSVP to 859-734-4378



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Mercer County Extension Office

> Mercer County Extension Office 1007 Lexington Road—Harrodsburg, KY 40330



Is your hay the best?

Testing provides nutritional value of hay to assist in balancing rations, and can result in reduced feed cost, increased animal performance, and information to improve forage stands.

Free analysis to determine hay quality and livestock needs. Call the Mercer County Extension Office to sign up.

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Cooperative Extension Service

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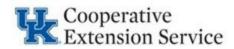
Here's some Bluegrass state tornado facts that blow your mind - pun intended!

- Well over 1,000 tornadoes have hit the Bluegrass State since 1950! And that's just counting the ones we know about. Many more have occurred but gone unreported to the National Weather Service.
- While tornadoes are much more common in central and western Kentucky, every one of Kentucky's 120 counties has had at least one documented tornado.
- Tornadoes occur most frequently from March through June, but they have occurred in every month of the year.
- While tornadoes typically occur between 3 pm and 10pm, they have occurred during every hour of the day. The ones that occur during the nighttime hours can be especially dangerous.
- The longest tracked tornado to strike Kentucky occurred on December 10, 2021. The tornado first struck Obion County, TN before crossing into Fulton County, KY. The tornado, which reached EF4 intensity with peak winds of up to 190 mph, covered a track of over 165 miles in about three hours, claiming 57 lives and injuring over 500 people.
- The strongest tornado you can get is one that is rated a five on the Fujita Tornado Intensity Scale. There have only been two F5 tornadoes to strike Kentucky and they both occurred on April 3, 1974. One struck Breckinridge and Meade Counties and another occurred in Boone County.
- Unfortunately, 222 Kentuckians have lost their lives in tornadoes since 1950 with over 3700 injuries and over four billion dollars in property damage!

The good news is that the National Weather Service has meteorologists on staff 24 hours a day, 7 days a week, 365 days a year, keeping a lookout for severe weather and tornadoes. We issue outlooks, watches and warnings that keep you informed of the potential for severe weather. Severe weather outlooks are produced by the Storm Prediction Center and can be accessed online or in our Hazardous Weather Outlook product on NOAA Weather Radio. Severe Thunderstorm and/or Tornado Watches are issued when environmental conditions are supportive of severe weather and/or tornadoes. You may get the notification that a Watch has been issued and look outside and see the sun shining. However, that Watch is telling you to get a plan in place as severe weather and/or tornadoes could soon threaten. Warnings are issued when severe weather and/or tornadoes are happening or about to happen. Warnings mean to take action and to get to your safe

place!





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RETURN SERVICE REQUESTED

June is National Da	iry Month	
June 3	Sheep/Goat Production 101, 6 PM	
June 8	Harrodsburg 250 th Parade	
June 13-15	Harrodsburg 250 th Festival	
June 15	Vintage Dad's Day, Shaker Village, Mercer County Cattlemen's Concessions	
June 19	Juneteenth, Extension Office Closed	
June 20	Summer Begins	
June 27	UK Pest Management Field Day	
July 1	Fair Entry website opens	
July 4	Independence Day, Extension Office Closed	
July 12-13	KFB Generation Bridge Leadership Summit, Somerset	
July 21	Mercer County Dairy Show	
July 22-27	197 th Mercer County Fair & Horse Show	
July 29	Mercer County Beef Show	
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